# ASSISTEP THE STAIR ASSISTANT

After I got the AssiStep, I no longer fear climbing my stairs

- Oddbjørn, 68 years, used the AssiStep since 2016

#### Stay active and independent

The stairs could be a challenge and barrier to many in their everyday life, but using the stairs is also a great way to stay physically active and able.

The consequence of falling on the stairs could be big. This is why many will avoid climbing the stairs, especially when they're on their own. Every year, 30.000 Norwegians need medical attention after falling on the stairs.

The AssiStep is a mechanical product, with no electricity, to help you climb stairs. It consists of a regular handrail and a handle that you slide along the handrail. If you feel dizzy or your legs are unsteady, the handle will support you until you're ready for the next step. The AssiStep gives you the small support and safety you need to continue climbing the stairs yourself.

What do the AssiStep users think about the product? Check it out by entering **www.AssiStep.com/media** 







## One handle, many possibilities

The AssiStep is installed at a height adapted to your needs. The AssiStep handle is ergonomically designed, offers a variety of grips, and can easily be combined with the AssiStep handrail. With the AssiStep, you will find the grip that you feel comfortable and safe with. Try yourself and find your favorite grip:

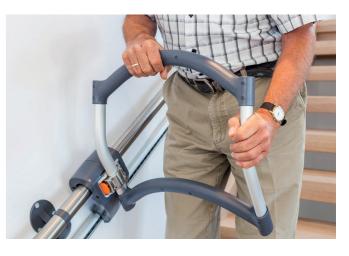


#### One hand:

The AssiStep can easily be used with one hand, either your right hand or your left, both on the way up and down the stairs.



**Combine handle and handrail:** Use the handrail for extra support and safety when moving the handle in front of you, both on the way up or down the stairs



Hold the vertical part of the handle: Descending the stairs, some prefers holding the vertical part of the handle.

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# For all ages

ability to walk.

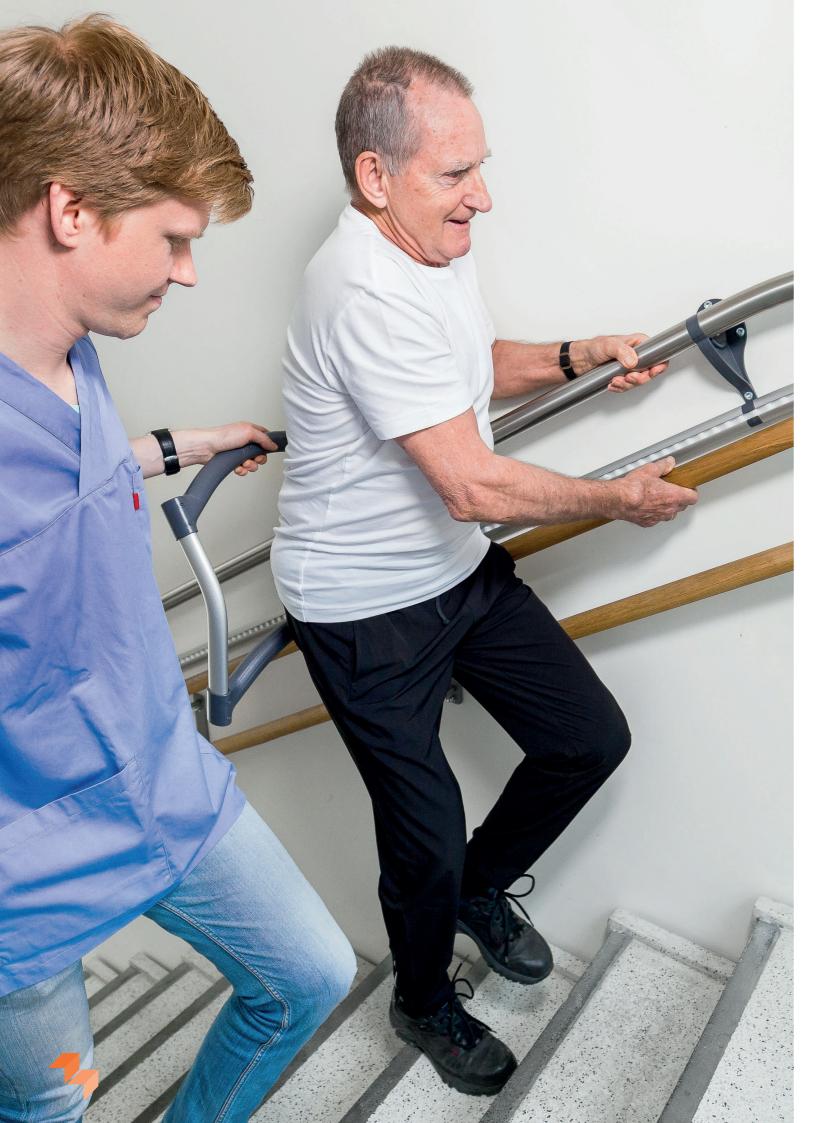
- Martin Tjugen, Occupational therapist

With the AssiStep, the stairs will no longer decide where or how you live. It is up to you.



The AssiStep is currently used by users of very different age and illness or injury. Users are for instance elderly, children, stroke patients, patients recovering from injury, neurological diseases or users living with cancer. What they have in common, is that they all need a bit of extra support and safety to continue climbing stairs themselves.

**G** There are many that have issues climbing stairs and can have great use of the AssiStep. Climbing stairs contributes to maintaining the



### Effective stair exercise

The AssiStep is also used by institutions and rehabilitation centres. The handle of the AssiStep can be used behind the user when the user exercises climbing the stairs, to avoid falls down the stairs. With the AssiStep, the stair exercise can start earlier in rehabilitation and provide fall safety, so helpers can focus on guiding the user rather than avoiding a fall.

Stair exercise can also be done in the home. Users that are rehabilitating from injuries or illnesses, can get more activity and exercise with the AssiStep. The AssiStep is for instance used by many stroke patients, to allow them to rehabilitate earlier, with less need for help to get around their own homes.

**66** This is like night and day, because I am not passivized

- Guttorm (94), used the AssiStep since 2017

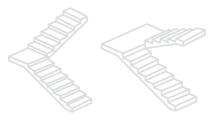
#### Climb Mount Blanc by ascending **3 Floors** everyday for a year



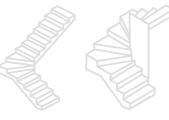
#### Can be delivered for:



Straight stairs



L and U-stairs with one or more landings



L and U-stairs without

#### **Product specifications:**



#### Does the AssiStep fit my stairs?

The AssiStep can easily adapt to most types of stairs, no matter the angle or wall type. The AssiStep consists of modules that are ready in store for delivery, which gives a short delivery time after a purchase agreement is made. You don't need to wait long to climb the stairs safely!

The product comes with a standard, solid handrail, which is simply installed on the wall, and in the outside of any

turns down the stairs. The handle extends under 10 cm from the wall, like a regular handrail.

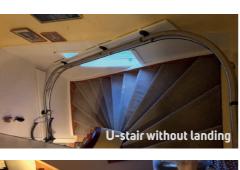
The AssiStep is for indoor use only.

Below, you will see examples of AssiStep installations and possible solutions for different types of stairs, walls, and the spaces in the top or bottom of the stairs.











# **Added functionality**

The handle can easily be folded when not in use. That way, the AssiStep does not take space along the stairs and will not prevent others from using the stairs. Folding is done by pressing the orange button next to the handle and fold the handle upwards. The handle can only be folded upwards, for security reasons.

When you fold the handle back, it will automatically lock and is ready for use instantly.











If you want to bring a bag or purse with items between the floors, this can easily be done with the AssiStep. By attaching two hooks on the AssiStep you can hang any item on the product both on the way up and down the stairs. That way, you can focus on climbing the stairs, not carrying your items.

The hooks are not standard equipment and you need to specify these if you need them for the AssiStep.



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